Jeff Adler

Vice President



Contacts

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Portland ME July 2025

Portland ME is the **116th** largest multifamily market with **18,602** completed units and **11,346** units in development, **972** of which have already broken ground.

Advertised **rents** are at \$2,067, up 4.9% ▲ from the previous year placing Portland ME at 4th overall in year-over-year rent growth.

Multifamily housing **demand** has been positive with **947** ▲ units absorbed over the past twelve months. Absorption decreased by **-390** ▼ units from the previous year's absorption gain of **1,337** ▲ units.

Employment in Portland ME has shrunk by -0.3% ▼ over the past 12 months, while hourly wages have risen by 0.6% ▲ YoY to \$33.67 according to the *Bureau of Labor Statistics*.









