

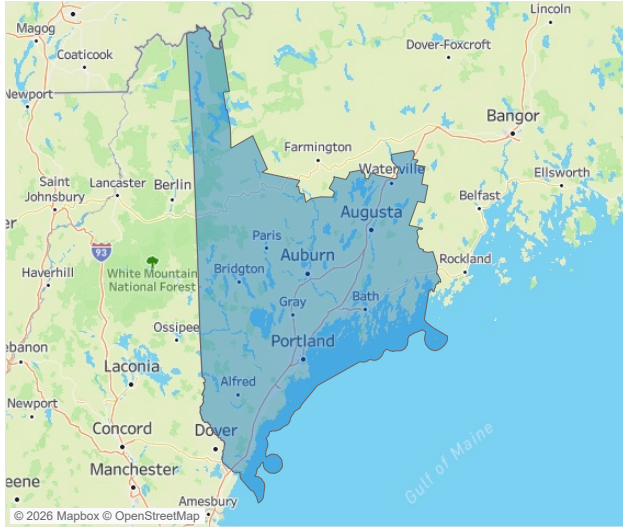


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Portland ME  
January 2026



**Portland ME** is the **116th** largest multifamily market with **18,915** completed units and **10,654** units in development, **1,790** of which have already broken ground.

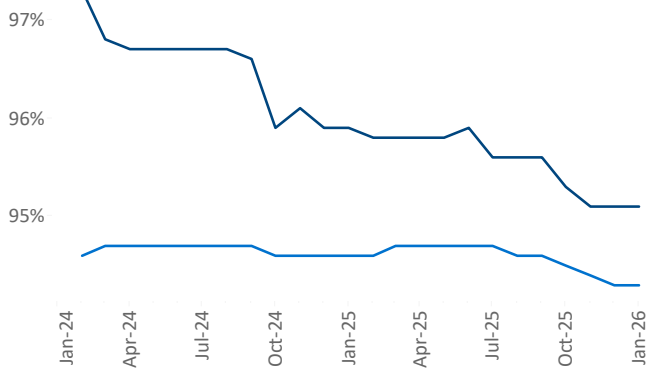
Advertised **rents** are at **\$2,039**, up **3.0%** ▲ from the previous year placing Portland ME at **20th** overall in year-over-year rent growth.

Multifamily housing **demand** has been positive with **524** ▲ units absorbed over the past twelve months. Absorption decreased by **-917** ▼ units from the previous year's absorption gain of **1,441** ▲ units.

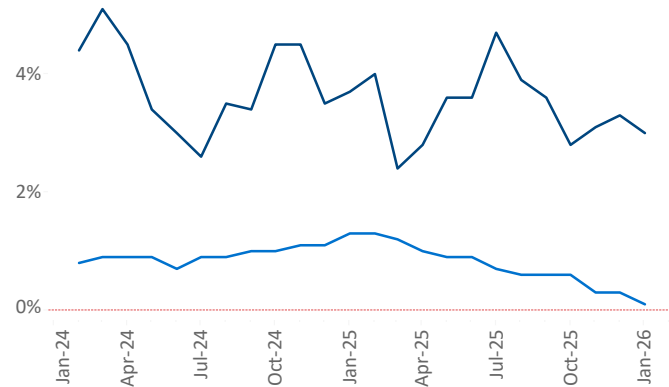
**Employment** in Portland ME has grown by **0.3%** ▲ over the past 12 months, while hourly wages have risen by **2.4%** ▲ YoY to **\$35.03** according to the *Bureau of Labor Statistics*.

■ Portland ME      ■ National

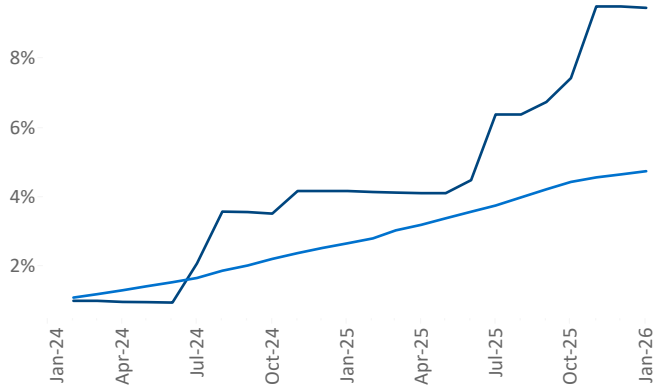
Occupancy



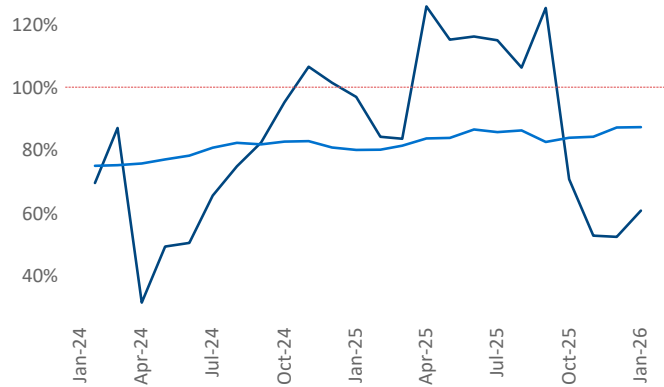
Rent Growth YoY



Units Under Construction as % of Stock



Absorbed Completions T12



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